



VISION

THE DOWNTOWN TIMES



Each One Bring One Come , Join Rotary

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Membership & New Club Development Month



Rtn. Madhu Kabra Membership Chair

As Rotarians, we are united by our common goal to create lasting change in our communities and across the world. Membership is the heartbeat of rotary. Each new member we welcome brings fresh ideas, diverse experiences, and the energy that sustains our mission. Equally important are our existing members, whose dedication continues to drive the success of our programs and initiatives.

It is essential that we continue to grow. But this growth must be intentional. When we seek new members, we should look for those who share Rotary's values—people who are passionate about making a difference, willing to give their time, and eager to join hands with us in service. Growth isn't just about numbers; it's about expanding our capabilities and impact.

Let us ensure that each member feels valued, connected, and inspired to contribute. When our members feel they are part of something larger than themselves, they are more likely to stay committed and active.

We often speak about the good that Rotary does in the world, but let us not forget the personal benefits of being a Rotarian. Rotary gives us the chance to develop leadership skills, grow professionally, and build lifelong friendships. It is a place where we can make a difference while also enriching our own lives.

I encourage each one of you to think of someone in your circle—whether a colleague, a friend, or a family member—who might benefit from being part of Rotary. Share with them what Rotary has done for you and the impact we make. Invite them to join one of our meetings or service projects.

As we move forward, let's work together to strengthen our club by fostering an environment of inclusivity, enthusiasm, and service. Our future is bright, but it requires each one of us to actively participate in making it so.



Mrs Sweta Bagaria New Member

A warm welcome to the Rotary club of Biratnagar Downtown .We are excited to have you join our community of dedicated individuals working towards positive change.

Welcome Mrs. Sweta Bagaria.

Married to Mr. Ojesh Bagaria who is a businessman ,Mrs. Sweta is a homemaker who is passionate about art and craft ,gardening, cooking. She believes in social services and interacting with new people. Hanishka and Shaurya are her two wonderful children .

Let's extend a warm welcome to Mrs. Sweta Bagaria and know her better. She will be joining soon at our upcoming meetings and projects, where we look forward for her contribution and involvement.

Our club is excited about the fresh perspectives and energy she brings to our club.

CLUB ACTIVITIES

FEED THE HUNGRY

On 3rd August, 2024 Food was provided at Koshi Anchal Hospital for the families of under privileged patients. 250 people struggling economically were benefitted. It was an attempt to give healthy, nutrient-dense, and hygienic food to the families of patients who are having financial difficulties.







PROTECTING CHILDREN IN THE DIGITAL AGE

On 6th August, 2024 Under Youth Service Program, we organized training session on "Protecting Children in the Digital Age" at our adopted school Shree Janta Bal Adharbhut Vidyalaya, Jehda. Resource person was Mandira Shrestha, an experienced professional from Child Safe Net Organisation. 65 students of classes 8, 9 and 10 were benefitted. This training session aims to provide students with the tools and strategies to protect themselves from potential online risks while harnessing the benefits of digital technologies.









CLUB ACTIVITIES

"Mobile Phone - A Blessing or a curse"







On 12th August, 2024 Under "C" of the TEACH module of RNLM, we organized Public speaking competition for our Interact clubs (Interact club of DPS and Interact club of DAV School) at DAV Public School on the occasion of International Youth Day. ·30-40 members from each Interact club attended the program and 10 member from each club participated in the public speaking competition on the topic " Mobile phone - A Blessing or a curse ". A well known Public speaker Vaibhav Nahata was the Judge of the competition. By speaking on the topic " mobile blessing or a curse"-children phone-a understand more about the impact technology has on them and how to use it wisely for their own benefit.

Youth Service Program

On 12th August, 2024 we organized a program for our Interact clubs, Interact club of DPS and Interact club of DAV school at DAV Public School. Interactors presented a motivational song and two skits - one on "The voice of youth-building a better nation together" and another on "Mother". All the participants were given certificates by our club. The Principal & Vice Principal of DAV School, Interact teachers & the guests were given pots of plants with 4 way test & club logo printed on them as tokens of appreciation thus promoting public image of Rotary and its focus on promoting greener Environment.



August 2024, Vision 4



Teej Festival in Nepal is a beautiful mix of tradition, and celebration. It is a day when women come together to express their love and devotion to Goddess Parvati and to celebrate their relationships. On 9th August, 2024, Teej Fellowship was organised by the Rotary Club of Biratnagar Downtown at Hotel Harrison, with 40 members in attendance. It was a fantastic, exciting get-together with loads of games, nail art, a ramp walk, delicious food, and lovely décor. Fellowship is crucial because it forges bonds of friendship among members and cultivates a positive atmosphere within the club.



Club Activities

Psychiatric & Eye checkup camp

-22nd August, 2024, Under our initiative, Rotary Arogya Mission, we organize monthly health checkup camps. This month we organized a psychiatric & eye checkup camp at Manavsewa Ashram in Tintoliya in collaboration with Birat Medical College Teaching Hospital. A team of 3 specialist doctors and 5 medical staff conducted the camp. -80 senior residents of the ashram benefitted from this camp. The ashram's occupants are elderly and impoverished individuals who require access to healthcare and this camp aims to help them with their degenerative condition.



Free food for senior citizens

On the occasion of Senior Citizens Day (22nd August, 2024), we organized a program to feed the needy senior residents of Manavsewa Ashram, Tintoliya branch. T-80 senior residents were the beneficiaries. The elderly and impoverished ashram members were given nourishing and healthful food, demonstrating our concern for them.



Classification Talk

On 7th August, 2024, we had our 5th weekly meeting followed by "Classification talk" by Rtn. Dr Pooja Mittal.





<u>Installation Programs Attended by our club</u>

- 3rd August, 2024, Rotary Club of Urlabari.
- 4th August, 2024, Rotary Club of Damak.
- · 5th August, 2024, Rotary Club of Ilam.
- 6th August, 2024, Rotary Club of Dharan.
- 10th August, 2024, Joint installation of Rotary Club of Biratnagar, Rotary Club of Biratnagar Mid Town, Rotary Club of Biratnagar Central.

Other Programs

- On 10th August, 2024, Rtn. Sugandha Todi attended Rotary Union in Darjelling.
- On 17th August,2024, Our club was one of the host club in the District Membership & Public Image Seminar in Lalitpur.
- On 22nd August, 2024, Our club attended Charter Day celebration of Rotary Club of Biratnagar.



6th August - Rtn. Shruti Shah 17th August - Rtn. Lata Sharda 25th August - Rtn. Anita Soni 28th August - Rtn. Geeta Karki 28th August - Rtn. Madhu Kabra 31st August - Rtn. Pooja Mittal





Dear fellow Rotarians, Greetings,

In this festive month of the year, we are excited to celebrate Membership and New Club Development Month at Rotary. This special time of year is dedicated to growing our Rotary family and expanding our reach by recruiting and inviting potential members to grow better with their contributions. It's an opportunity for all of us to focus on engaging with potential members, sharing our mission, and strengthening our impact through increased participation and new community initiatives. We embrace this month with enthusiasm and dedication, working together to build a vibrant and diverse Rotary network.

Rtn. Poonam Rathi

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